



Child Development Policy

Curriculum/Description of Center's Child Development Program:

A typical day for your child at ATSCDC is full of learning, fun, and exploration along with social, emotional, and intentional teaching! The day will be filled with activity time, centers, explorative play, outside time, healthy meals, and amazing role models guiding them along with so much more. Each week your child will experience learning through play, (structured and unstructured) that incorporates activities which create social, emotional, physical, and cognitive development. After lunch and nap/rest time, your child will receive a snack to give them energy for an afternoon of outside time, child-directed activities, and more book reading! Upon picking up your child, s/he will greet you with a smile and stories about their wonderful day at ATSCDC! We are currently using "High Scope", Second Step, and the Pyramid Model. The following areas will be covered in the curriculum: Creative Arts, Social and Emotional Development, Approaches to Learning, Health and Physical Development, Language and Literacy Development, Mathematics, Science, and Nutrition. All areas covered in the curriculum are included in the Nebraska Early Guidelines.

Infants

The staff provides infants a safe and nurturing environment with a focus on each child's individual needs that promotes physical, social, emotional, and cognitive development.

It is important that staff work closely with parents to understand the individual needs of each infant. We ask that parents and staff communicate to provide the best quality care for each infant.

Each infant will be cared for on their own individual schedules. They will be nurtured, sang to, and read to daily. Based on research, infants should spend minimal time in restrictive areas such as swings, bouncers, and jumpers. All of these items are available to infants in the room, but will only be used for short time periods. Play mats and toys will be available for infants to stretch out and play on the floor. Staff will interact with infants to promote their physical development. They will play games such as patty cake and peek a boo.

Breastfeeding is promoted and mothers are supported by staff. With permission from the families, infant feedings are fully flexible and infant feedings are ended based on cues from the infant.

Each infant will have their own sleeping area. Infants will be placed only on their backs to sleep. No soft items will be allowed in the sleeping areas for infants under the age of 12 months.

Toddlers

Toddlers will be provided an environment that promotes their physical, social, emotional, and cognitive development. The room will be set up with centers that will allow the children free play to explore and learn. Creative Curriculum will be used by staff to provide staff directed activities as well as child directed activities. Parents may find that some of the art and craft projects that their children bring home do not really resemble something they recognize. Children are given the opportunity to explore materials and create their own projects. Staff will assist, but will not be completing projects for the children.

Each child will have their own nap cot with a clean sheet. Children are able to bring a blanket from home to use at nap time. We asked that all blankets are taken home and washed on Fridays. Children are also able to bring a special item from home that they may need to have to rest. These items are to be used only at nap time.

Preschool/Pre-K

The preschoolers will be provided an environment that promotes their physical, social, emotional, and cognitive development. They are provided a learning environment that focuses on self-expressions and explorations. A special emphasis is placed on ensuring that the children are developing socially and emotionally to prepare them for Kindergarten. All children develop at their own rate and through their own experiences, but guidance is always given to promote growth.

Each child will have their own nap cot with a clean sheet. Children are able to bring a blanket from home to use at nap time. We asked that all blankets are taken home and washed on Fridays. Children

are also able to bring a special item from home that they may need to have to rest. These items are to be used only at nap time.

Transition Policy:

Your child will continue to grow and develop requiring different types of care. Several transitions will be made to help them continue with their journey of life.

Some transitions your child may experience may be: bottle to cup, pack-n-play to toddler bed, saying bye-bye binky, toilet training, as well as several others.

To make these changes as successful and stress free as possible for your child we will be communicating with you before each transition and coming up with a plan that works for all of us involved.

Your input and advice is incredibly important to us so if you have any suggestions to make the transitions as successful as possible for your child, please share those suggestions with us.

As always, we appreciate your guidance and support as we work to make your child and family's time here at Adventure to Success Child Development Center a positive and successful partnership.